

HF TOOLS



***Healthy
Fashion***

HF TOOLS

Fashion Mantras

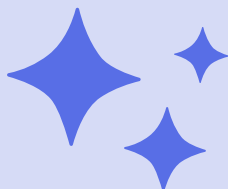
The fashion mantras are empowering and they will inspire your wardrobe and lifestyle. They will help you create a healthy wardrobe.

The 5 Bodies + 5 Mantras

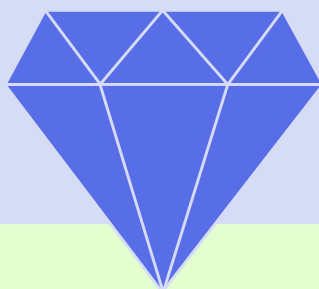
- Fashion for the mind
- Fashion for the body
- Fashion for the spirit
- Fashion for the energy body
- Fashion for the spirit body



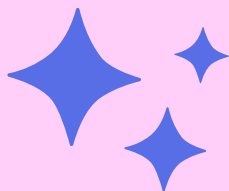
Fashion for the
mental body



***My style is
brilliant***



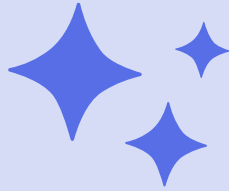
Fashion for the
physical body



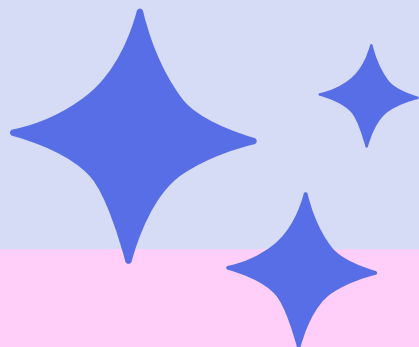
***My clothing
is healthy***



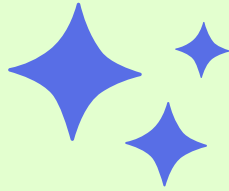
Fashion for the
spiritual body



***My style makes
my spirit body
both energized +
tranquil***



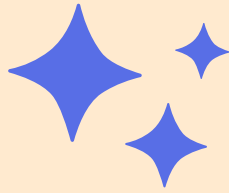
Fashion for the
emotional body



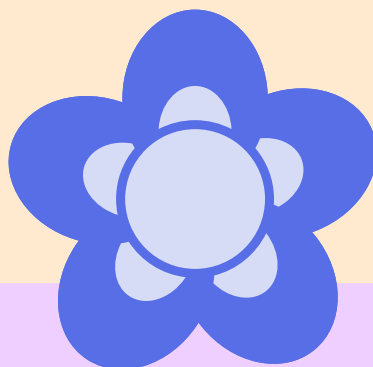
***I create my own
style of dress
which supports
my emotions***



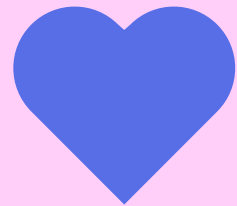
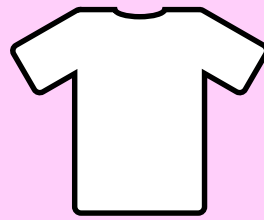
Fashion for the
energetic body



***My positive
wardrobe renews,
rejuvenates, and
revitalizes my
energy body***



More info on holistic 'spa' fashion



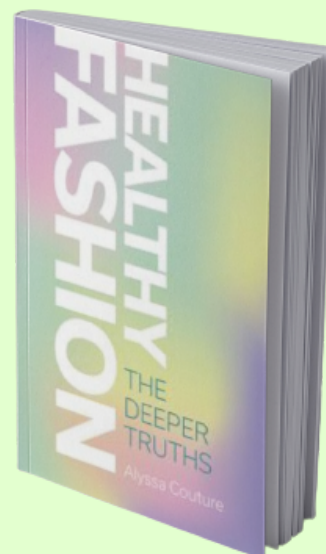
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- Fashion in pursuit of health, wellness, and designed to be an alternative health remedy.
 - 'Spa' dressing is fashion designs + apparel that are therapeutic, hygienic, energizing, and energy clearing.
 - Fashions + accessories made from plant-based materials are the "plant-tech" future for the fashion industry.
 - Healthy fashion is high fashion for the New Age: Mystical, Magical, Advanced



Would you like more information?
Check out my new book
www.hfccampaign.com/fashionbook

Alyssa Couture

**HEALTHY FASHION:
THE DEEPER TRUTHS**



Contact



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***Healthy
Fashion***

Fashion Mantras

by Alyssa Couture

for the mind
+ body +
spirit